



# KIDS MENU

EVERY FRANK & GINO'S KIDS MEAL COMES WITH YOUR CHOICE OF MILK, CHOCOLATE MILK, JUICE OR A BOTTOMLESS SOFT DRINK AND A COOL ICE CREAM SUNDAE FOR DESSERT!

**MENU ITEMS**  
**\$7.99** For kids age 10 and under

**NOODLES!**  
 Tube shaped pasta tossed in your choice of tasty tomato sauce or creamy Alfredo sauce.

**GRILLED CHEESEWICH**  
 A grilled cheddar cheese sandwich served with fries or a side salad.

**GARLIC FINGERS**  
 Pizza style served with sweet sauce for dipping.

**CHEESY NACHOS**  
 Crispy nacho chips smothered in melted cheese and served with fresh salsa.

**HAIL CAESAR**  
 Kid-sized version of our popular salad topped with grilled chicken.

**CHICKEN NUGGETS**  
 Chicken nuggets served with sweet n' sour sauce and fries or a side salad.

**JUNIOR CHEESEBURGER**  
 Hot off the grill with just ketchup and served with a side of fries or a side salad.

**PINT SIZE PIZZA**  
 Your very own Pepperoni pizza at just the right size.

**SPECIAL DRINKS**  
**\$3.49**

**SHIRLEY TEMPLE**  
 Orange juice, ginger-ale and grenadine, served with a cherry on top.

**JUNIOR SMOOTHIE**  
 Strawberry, Peach, Raspberry, or Mango.

**BLUE ROCKET SODA**  
 Blue raspberry syrup and 7-Up, topped with whipped cream and a cherry.

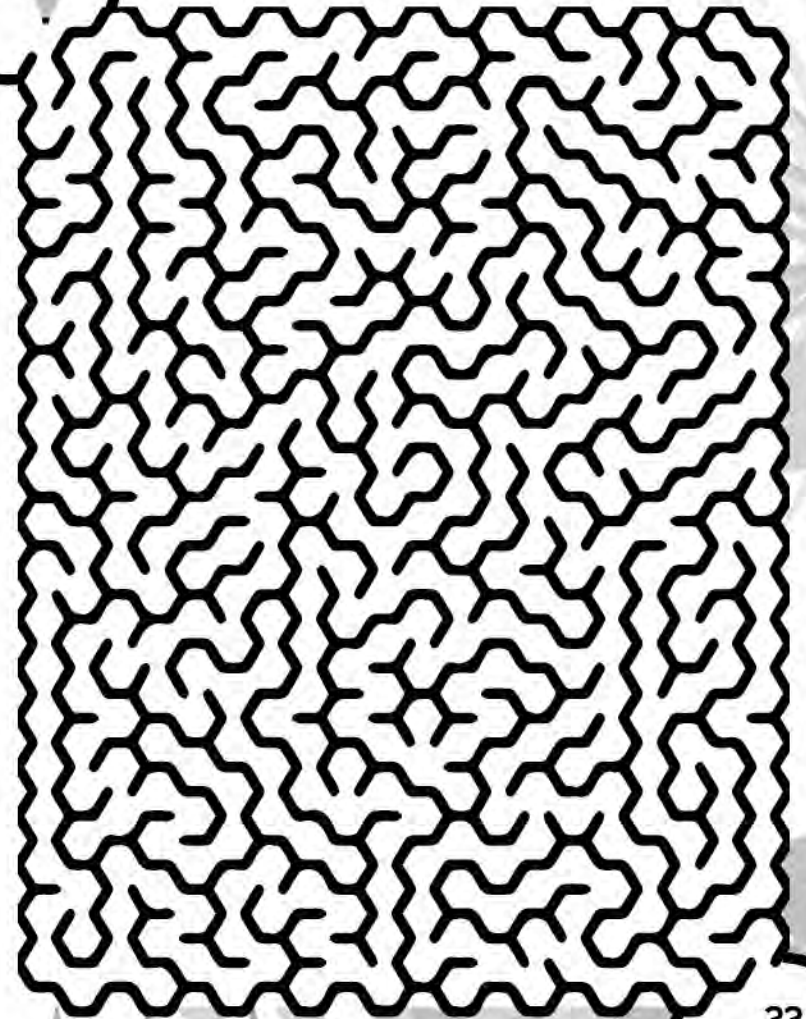
**STRAWBERRY LEMONADE**  
 Pureed strawberries and lemonade.

**PIRATE PUNCH**  
 Pineapple juice, orange juice and 7-Up.



**Bird Brains!**  
 The parrot is considered one of the most intelligent of all the bird species. They can mimic the noises made around them - one African grey parrot was found to have a vocabulary of more than 800 words! The average lifespan of a parrot is around 60 years, but many have reached the age of 100.

Ella the Elephant is totally lost! Help Gina the Giraffe find her friend through the jungle maze.



Using just the letters in the word below, can you make at least 14 new words? You can only use a letter as many times as it appears in the word, and each new word must be at least 4 letters long. Good Luck!

**ELEPHANT**

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

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### JUNIOR SMOOTHIE

Strawberry, Peach, Raspberry, or Mango.

### BLUE ROCKET SODA

Blue raspberry syrup and 7-Up, topped with whipped cream and a cherry.

### STRAWBERRY LEMONADE

Pureed strawberries and lemonade.

### PIRATE PUNCH

Pineapple juice, orange juice and 7-Up.

### HAIL CAESAR

Kid-sized version of our popular salad topped with grilled chicken.

### CHICKEN NUGGETS

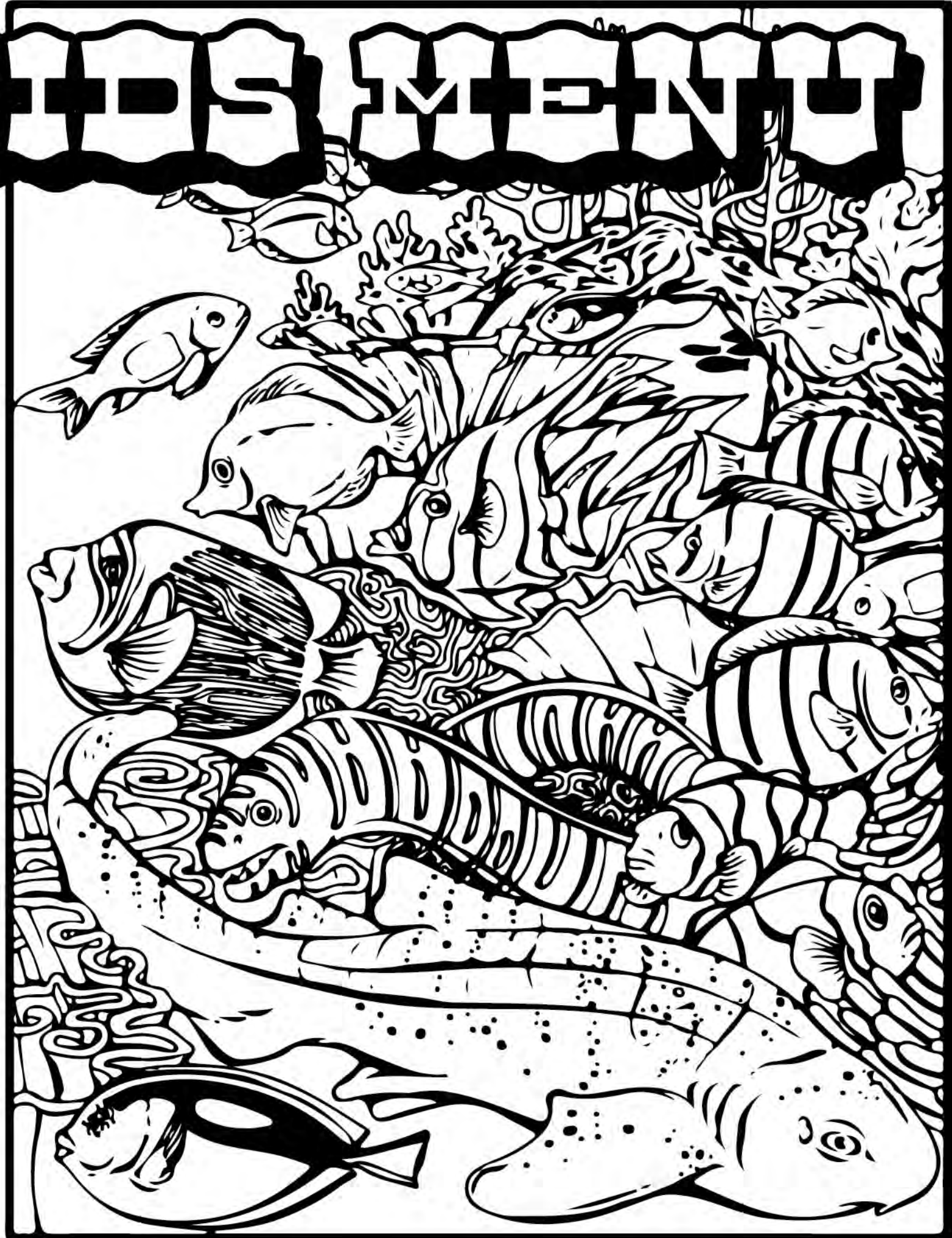
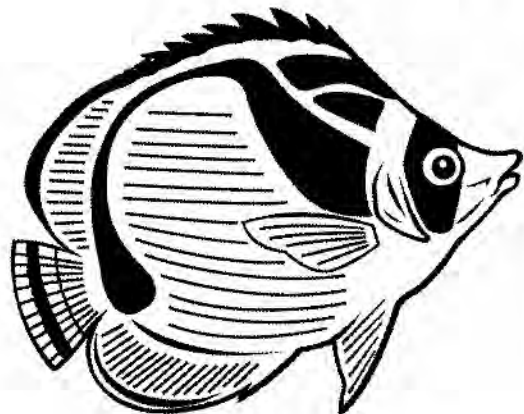
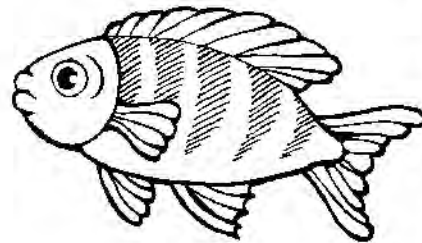
Chicken nuggets served with sweet n' sour sauce and fries or a side salad.

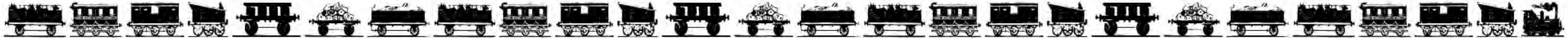
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## WHAT'S ALL THE 'HUB' ABOUT?

A 'hub' is the word for the middle of wheel, or an important place where many things connect, which in Truro's case was trains! The first railway opened between Truro and Halifax in the year 1858.



Truro's convenient location meant the railway line could expand in many different directions, just like the spokes on a wheel. That's how Truro got the nickname 'The Hub of Nova Scotia.'



The 'Pictou' No. 6 Steam Engine running on the Nova Scotia Railway - Mid 1800's

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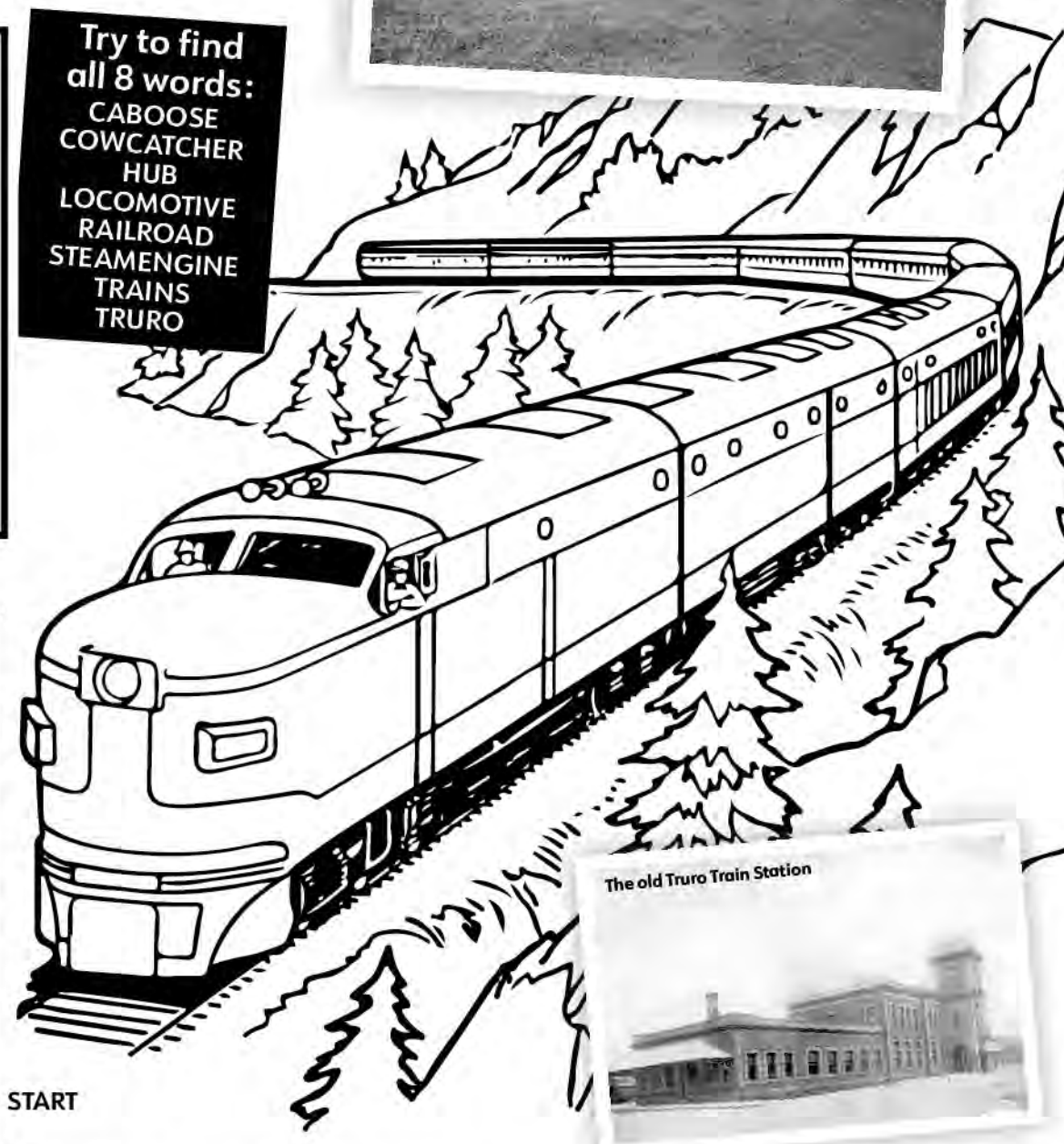
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J	H	X	D	N	S	S	X	D	G	D	P	T	W	D
E	J	G	R	N	W	T	Q	J	O	R	B	A	F	Z
P	F	N	I	R	A	E	Q	E	E	I	O	F	A	F
W	R	A	O	B	M	A	U	T	B	U	B	P	R	P
X	R	M	E	E	J	M	U	N	O	D	Z	H	L	Q
T	D	U	E	W	R	E	D	N	L	T	R	O	U	O
I	N	O	S	S	W	N	H	A	C	O	C	B	V	B
M	S	V	O	V	U	G	Y	W	O	O	U	B	I	R
T	F	Y	O	U	S	I	Q	T	M	R	G	Z	V	M
O	X	B	B	E	K	N	S	O	U	R	L	E	Y	W
K	H	S	A	H	N	E	T	R	U	R	O	I	F	K
Z	F	E	C	V	A	I	F	Q	E	C	V	R	A	R
Y	T	Y	C	I	V	P	K	Y	J	J	X	J	P	R
I	L	Y	R	E	H	C	T	A	C	W	O	C	V	B
A	B	B	V	S	D	L	C	X	R	U	L	T	R	H

Try to find all 8 words:  
CABOOSE  
COWCATCHER  
HUB  
LOCOMOTIVE  
RAILROAD  
STEAMENGINE  
TRAINS  
TRURO



The old Truro Train Station

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